

FORMULA FOR MIRACLES VIP CLUB SPECIAL EVENT

Brain Optimization

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Day 1: What is Brain Optimization?

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Human life and society have radically changed during the last few hundred years, primarily as a result of the Industrial Revolution in the 19th century, and the development of computer and electronics technology in the 20th century. I foresee that the 21st century will bring even more profound changes, but I predict that it won't be via machines or electronics or anything outside of us. Instead, the great revolution of the 21st century is happening through the development of internal human technologies that allow us to truly be the best people we can be!

I see there being two primary components to this human technology: mind power, and brain optimization. If you are reading this article, then clearly you are ahead of the pack in being an early adopter of mind power technologies such as the Law of Attraction and energy healing. In particular, you already know that you can vastly increase your personal power by learning to harness the power of your mind using subconscious clearing techniques like the Formula for Miracles®. However, you also now have an incredible opportunity to get in at the ground level with the burgeoning science of brain optimization. And the payoff is spectacular: it is nothing less than the potential to feel good and be mentally and physically healthy all the time, no matter what!

Most brain scientists agree that we have learned more about how the brain operates in the last twenty years than in all the rest of human history put together. In this special event, we'll leverage the power of these discoveries to identify the areas where your brain chemistry is compromised, and show you how you can use a combination of energy healing and inexpensive nutritional supplements to repair your brain damage and optimize your brain function.

In the following articles, we'll cover the basics of the four most important brain chemistry pathways:

- Dopamine
- Acetylcholine
- Serotonin
- GABA

There are so many incredible benefits to optimizing your brain function that it's hard to overstate the benefits. A few of the most important (and the chemical pathways associated with them) include:

- Increased energy (dopamine)
- Increased focus and attention (dopamine)
- Increased productivity (dopamine)
- Improved memory (acetylcholine)
- Better creativity and abstract reasoning (acetylcholine)
- Prevent degenerative diseases like Alzheimer's or Parkinson's (acetylcholine)
- Improved mood and playfulness (serotonin)
- Having more fun (serotonin)
- Overcoming depression (serotonin)
- Lessening of chronic stress and anxiety (GABA)
- Improved Sleep (GABA)
- Relief of Chronic Pain and Stiffness (GABA)
- Better Organization Skills (GABA)

In addition, there are tremendous and compelling benefits to balancing your entire brain, including but not limited to:

- Making more money
- Improved physical health
- Improved emotional health
- Enhanced and more fulfilling relationships
- More powerful intuitive, healing, and manifesting abilities

After reading that list, you may be asking yourself, "OK Brent, how in the world can brain optimization help to make you more money?" Good question!

To answer that, let me highlight one of the most powerful secrets to healing manifestation: whether your goal is more money, love, physical health, emotional health, intuitive ability, or something different, the fast track to reach your goal is to repeatedly ask yourself, "Why do I want this?" over and over again, until you've figured out what it is that you really want.

For example, let's say you really want a million dollars. However, it's unlikely that what you truly desire is a big stack of green pieces of paper! Instead, you want the money because you believe it will get you things you want. And if you keep asking yourself "Why do I want this?", you'll pretty much always end up with the same answer: you want these things because you think they'll help you to create a certain feeling in your body.

For example, if you under a lot of money stress, you might worry all the time about your bills and your mounting debt, find it difficult to get good sleep, and be tired all the time. As a result, you might use the Law of Attraction to manifest money so you can pay your bills, get out of debt, and maybe move to a nicer place or get a new car. There's nothing wrong with that approach, but it's difficult because you are trying to manifest backwards. Instead, if you dig deep into why you want more money, a better house, a nicer car, a long vacation, or any of the other things money can buy, you'll probably find that ultimately what you really want is to have certain feelings: maybe you really just want to feel relaxed, secure, and happy!

When I refer to the challenge of "manifesting backwards", what I mean is that it's quite difficult to manifest money when you're under money stress. Remember that "What you resist, you persist", and that most of us create our lives primarily out of resistance, or "away-from motivation". For example, if you are in a difficult financial situation and you are always worrying about your bills and your debt, it's going to be a challenge for you to make a lot of money, because your mind is creating so much resistance to poverty that you are unknowingly and subconsciously keeping yourself stuck. It's an all too common "catch 22" of the modern world: you need to get money to relieve your money stress, but as long as you are constantly worrying about money, the money is probably not going to show up, no matter how many vision boards you make, how many mantras you say, or how many positive thinking seminars you attend!

But what if you could find a way to make yourself feel relaxed, secure, and happy right now, no matter what your financial situation? Not only would you shortcut the money game and free yourself of money stress forever, but by living NOW in the energy of being relaxed, secure, and happy, you would in fact greatly empower your money manifestations! In other words, if you are thinking "I want a bunch of money because it will let me feel relaxed, secure, and happy", then the most powerful way to manifest that money is to immerse yourself in the feeling of relaxed, secure, and happy RIGHT NOW. In spiritual circles, this is often called "Living as if", and it really works!

Unfortunately, very few of us have received proper training in how to use the power of your mind, and most of the world's population is stuck in the "away-from motivation" trap of thinking that you need the money first before you experience the feelings you associate with having the money. This is "manifesting backwards", and it just doesn't work very well. (There is a much more detailed and in-depth presentation of this material in my *Unleash Your Inner Millionaire II* audio program.)

No matter what your goals are in life – including but not limited to greater success and prosperity, improved physical and emotional health, fulfilling relationships, and enhanced intuition and spiritual advancement – I think you'll find that combining brain optimization with energy healing and the Formula for Miracles® is perhaps the fastest, easiest, and most powerful ways to achieve your goal.

Lastly, unlike most other healers and Law of Attraction teachers, I think it is extremely important to cite my references and be up-front about where I learned this stuff. There are a number of doctors and scientists who have simultaneously discovered the incredible power of brain optimization in the last few decades, and two of my personal favorites are "The Mood Cure" by Dr Julia Ross, and "The Edge Effect" by Dr Eric Braverman. Another valuable resource is the brain optimization course taught by Gian Girardi of the Brain Optimization Institute (www.brainoptimization.com), which I have taken and strongly recommend. It is certainly not necessary to read these books or take the class to take advantage of this material and optimize your brain, but I want to mention them because they are excellent resources if you are curious to learn more or if you might want to become a brain optimization practitioners. I foresee that energy healing and brain optimization are both industries that will EXPLODE in the coming years and decades, and that is your calling, I'd love to help you make it happen!